

Enhancing Resilience through Teacher Education (ENRETE)

Co-funded by the
Erasmus+ Programme
of the European Union



6th ENSEC Conference
Stockholm 7th-9th June 2017

Enhancing Resilience through Teacher Education Project ENRETE

Carmel Cefai, Adina Colomeischi, Celeste Simoes



UNIVERSITY OF MALTA
L-Università ta' Malta



UNIVERSIDADE
DE LISBOA



Stefan cel Mare
University
of Suceava

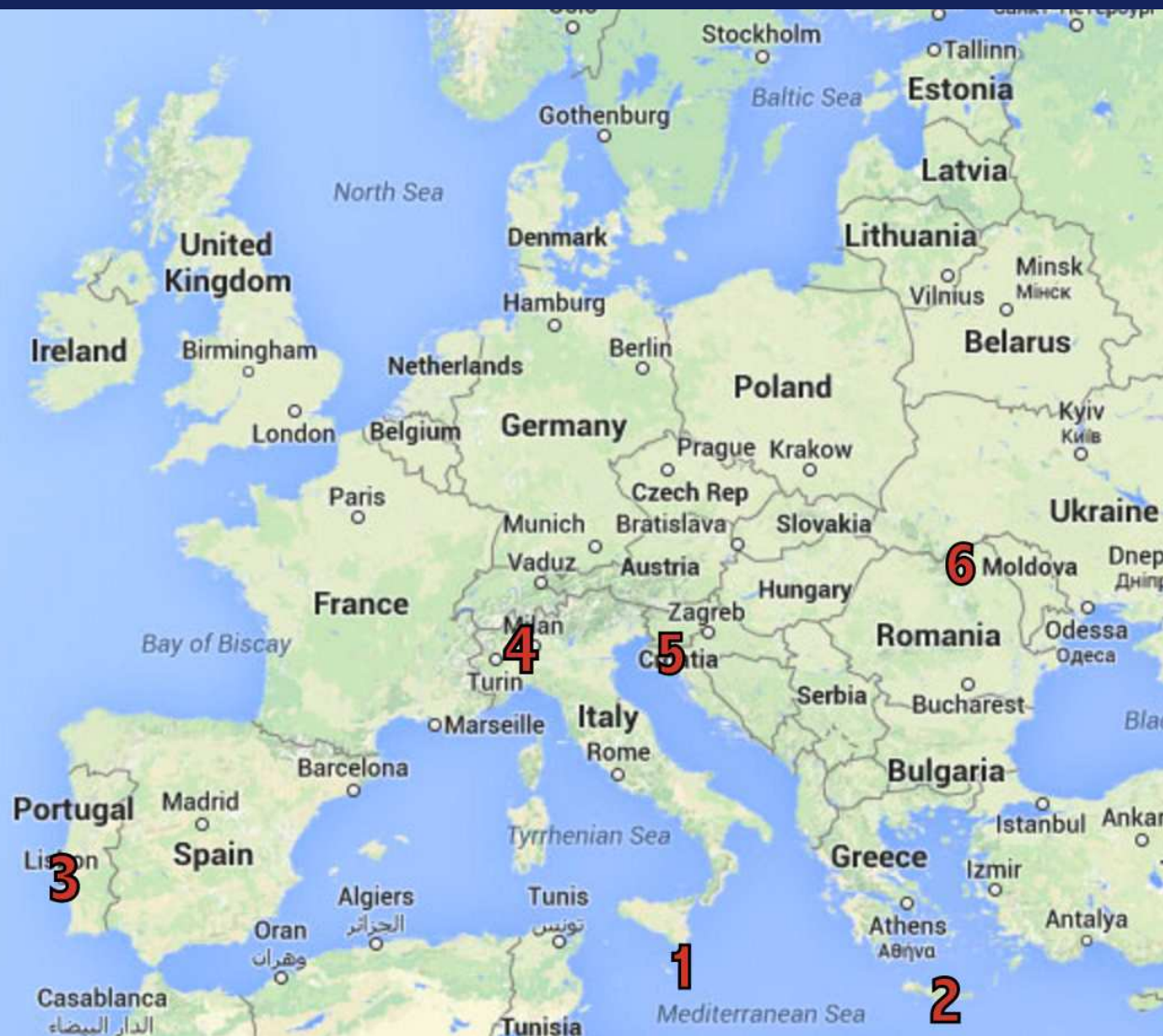


A two-year project funded by Erasmus+ (2016-2018)

Overall aim: the creation of learning environments which promote the resilience and growth of marginalised learners by providing them with the tools, resources and learning contexts which facilitate their academic and social and emotional learning and consequently their social inclusion and active citizenship.

Enhancing Resilience through Teacher Education (ENRETE)

Co-funded by the
Erasmus+ Programme
of the European Union



PROJECT PARTNERS

1. University of Malta (Project coordinator)
2. University of Crete (Greece)
3. University of Lisbon (Portugal)
4. University of Pavia (Italy)
5. University of Rijeka (Croatia)
6. University Stefan cel Mare Suceava (Romania)



Objectives

- The aim of the project is to develop a set of modules for teacher education in student resilience which will constitute a European Masters in Resilience
 - modules seek to develop educators' competence in responding to, and addressing, the academic, social and emotional needs of learners at risk in their development and education, including learners from ethnic, linguistic, and migrant communities, from socio-economic disadvantage and learners with learning difficulties and individual educational needs.



Programme of activities

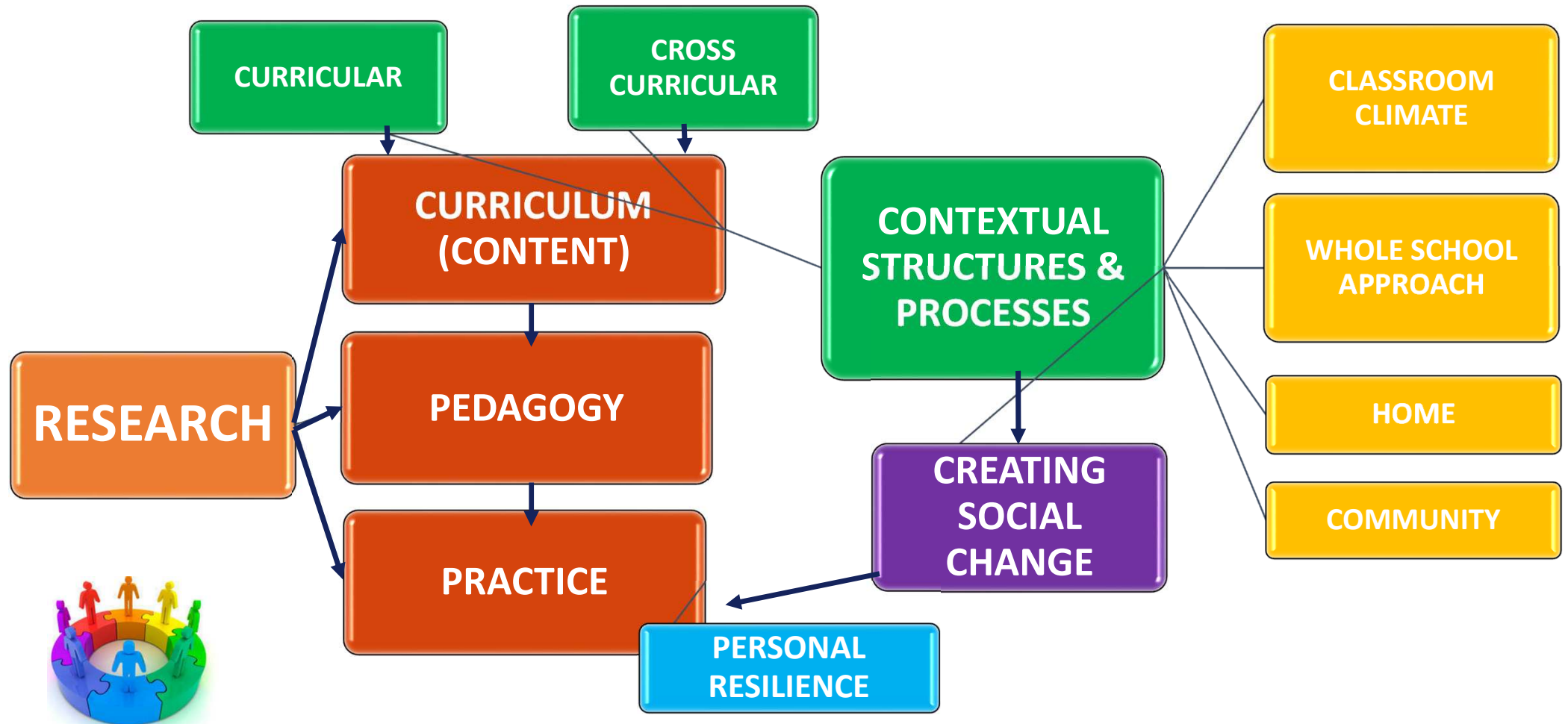
Year 1: in the first year, the partners will develop 10 modules which will be internally and externally evaluated.

Year 2: in the second year, the modules will be piloted with 20 teachers in each of the six partner countries, following which they will be evaluated and reviewed. The modules are also externally evaluated

The modules will be developed as both face to face and online modules.



FRAMEWORK





10 Modules

1. Resilience in human development
2. Student resilience competencies in development and learning
3. The pedagogy of resilience
4. Planning, implementing and evaluating resilience programmes
5. Contextual processes in resilience enhancement: classroom and school climates
6. Strengthening the resilience of educational professionals
7. Working with parents and professionals in enhancing resilience
8. Observation and practice placements
9. Research methods in resilience education
10. Dissertation

Module 1: Resilience in human development (5 ECTS)

- **Prevention Science**
- **Definitions and history**
- **Models of Resilience**
- **Risk & Protective protective factors**
- **ENRETE framework, topics, target audience**



Module 2 Student resilience competencies in development and learning (10 ECTS)

- **SEL and resilience approaches in education**
- **Critical evaluation of resilience programmes**
- **Social networking**
- **Growth mindset**
- **Self-determination**
- **Building on strengths**
- **Turning challenges into opportunities (obstacles, discrimination, loss, change, bullying, conflict)**



Module 3 The pedagogy of resilience (5ECTS)

- **Theories of learning**
- **SAFE approach, experiential learning & group dynamics**
- **Assessment**
- **Use of resources & ICT**



Module 4 Planning, implementing and evaluating resilience programmes(5ECTS)

- Theories of change & behaviour**
- Planning**
- Implementation**
- Evaluation**
- Issues of adaptation**

Module 5: Contextual processes in resilience enhancement: classroom and school climates (5 ECTS)

- Inclusion, interculturalism & responding to diversity**
- Collaboration learning**
- Caring relationships and positive behaviour in the classroom**
- Whole school approach to resilience enhancement**
- Identification of needs for external support**



Module 6: Strengthening the resilience of educational professionals (5 ECTS)

- **The need for resilient educational professionals**
- **Promoting emotional wellbeing**
- **Motivation and commitment, dealing with work related challenges, creative problem solving**
- **Relationships and supportive networks**



Module 7: Working with parents and professionals in enhancing resilience (5 ECTS)

- **School-home collaboration in resilience education**
- **Communicating with parents in resilience building**
- **Supporting parents' resilience**
- **Parental education**
- **Working as part of a team**

Module 8: Observation and practice placements (10 ECTS)

- **Tools for observation, reflection, and practice**
- **Topics for observation and practice**
 - **Resilience skills building**
 - **Relationships, communication skills, and classroom climate**
 - **Engagement (pedagogy & implementation)**
 - **Working with staff, parents and other professionals**
 - **Professionals' own resilience, health & wellbeing**
- **Observation: what to observe, in what context/s, some tasks, individual/group tutorials, checklist; focus on one area in depth**
- **Practice: tasks/interventions with mentoring in the five areas**



Module 9 Research methods in resilience education (10 ECTS)

- **Practitioner-based inquiry**
- **Ethical issues in research**
- **Quantitative research methods: data collection and analysis, use of instrument**
- **Qualitative research methods: data collection and analysis, use of instruments**

Dissertation (30 ECTS)

- **15,000-20,000 words or submission of a paper to a peer reviewed journal**
- **Practice based research, includes data collection**



Case example (1) Portugal

**Contextual processes in resilience
enhancement: classroom and school
climates**



Case example (2) Romania

Strengthening the resilience of educational professionals



Piloting

- Following internal and external review, each partner will pilot a theme from study unit 1 (Introduction) and another study unit (20 hours in total) with about 10-15 practising teachers.
- Evaluation of training through quantitative and qualitative data
- Final review of study units and finalisation of face to face and online modules
- Preparation for the launch of the European Masters



DVD clip

<http://enrete.eu/about-the-project/>



For more information visit the ENRETE website:
www.enrete.eu